Health Care Guidance to Entry Traveler

Note:

To protect yourself and other people's health, please keep this card for at least 7 days and read it carefully.

- 1. Undertake a 7-day housebound medical observation after entry, avoid attending meeting, visiting friends and going to public places.
 - 2. Avoid taking public transportation such as buses and subways, etc..
 - 3. Keep your entire traveling voucher such as traffic tickets and hotel bills integrally.
- 4. During housebound medical observation, keep good personal hygiene practices, for example, wash your hands frequently and thoroughly with soap and water.
- 5. Remind your family to keep good personal hygiene practices and a hygienic living accommodation.
- 6. In case of having one of the following symptoms within 7 days after entry: fever, snivel, nasal obstruction, sore throat, cough, headache, muscular pain, diarrhea, etc., please call local Center for Disease Control and Prevention and medical staffs will serve you.

Telephone number:

Guangdong Center for Disease Control and Prevention: 020-84451025, Guangzhou Center for Disease Control and Prevention: 020-83849699(office hours), 020-83822400(after hours)

> Guangzhou Entry-exit Inspection and Quarantine Bureau Bureau of Health of Guangzhou Municipality